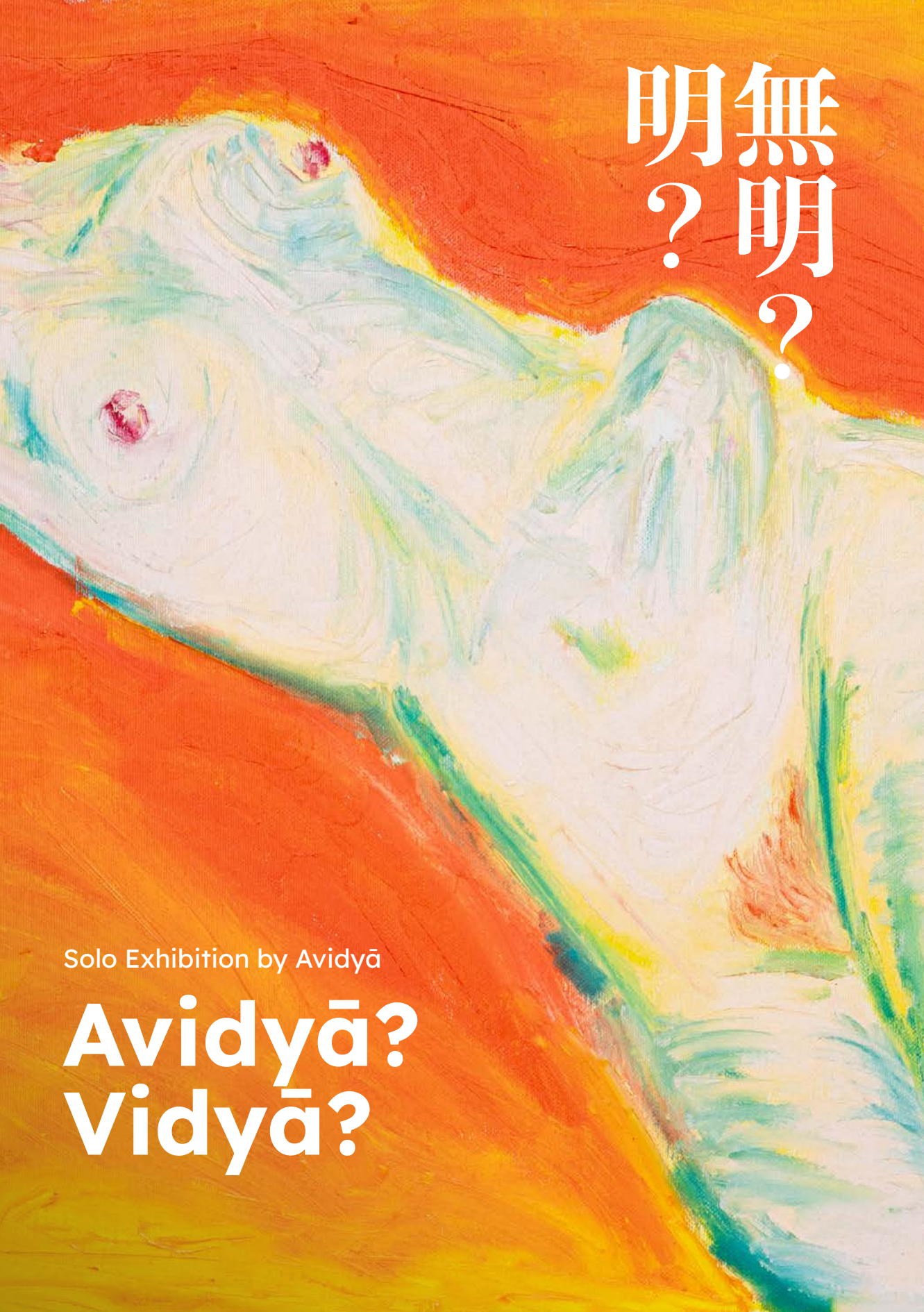


Solo Exhibition by Avidyā

Avidyā?
Vidyā?

Avidyā 個人展覽
Solo Exhibition by Avidyā

無明?
Avidyā?

明?
Vidyā?

@ 香港視覺藝術中心 Hong Kong Visual Arts Centre
十月 October 2024

來自

主辦方的話

The Oneness Gallery

我們的喜悅和感激之情溢於言表！

首先，我們懷著無比的敬意，向我們敬愛的父母和祖先致上感謝之情。沒有他們的深厚根基，就不會有今天的我們。

我們同樣感謝上師及所有更高境界的吉祥眾生，感謝他們不斷的指引與啟示，讓我們在人生道路上保持清明與正道。

此外，我們也要向摯愛的朋友們致以最深的謝意，感謝他們無條件的愛、善意和支持，讓我們得以舉辦這次展覽。

繼倫敦展覽之後，我們十分榮幸能在香港與各位相聚。感謝每一位到場的嘉賓與觀眾，我們衷心希望此次展覽能為您種下靈感的種子，讓您在探索藝術與內心的旅途中獲得啟發與共鳴。

Carmen

畫廊創辦人

Avidyā

畫家

ONENESS

Words from

Organiser

The Oneness Gallery

We are overflowing with joy and gratitude!

First and foremost, we would like to thank our beloved parents and all our ancestors. Without them, we wouldn't be here.

We would also like to thank our Gurus and all auspicious beings in higher realms - to lead us and guide us all the time.

We also extend our deepest gratitude to all our beloved friends for their unconditional love, kindness and support to make this exhibition possible.

After the successful exhibition in London, we are pleased to present our exhibition in Hong Kong. Thank you for all our guests and audiences. We truly hope this exhibition can plant a seed of inspiration within you. Hope all of you enjoy the journey.

We also extend our deepest gratitude to all our beloved friends for their unconditional love, kindness and support to make this exhibition possible.

Much gratitude,

Carmen

Founder of The Oneness

Avidyā

Artist

來自

策展人的話

Nicole Fung

踏上生命之旅。

繼倫敦展覽成功的合作後，能與 The Oneness Gallery 及 Avidyā 再度攜手，實屬莫大的榮幸。

這次展覽以「黑暗」、「光明」和「純真」為主題，象徵人生旅程中的起伏與轉化。我們常常在黑暗的低谷中摸索，然後在愛與光明中重生，如同鳳凰涅槃。最終，我們會發現，童年的純真和獨特的真實，是最珍貴的生命本質。

希望這次展覽能為您帶來靈感、思索與啟示。當您走出畫廊之際，我們期望您能感感到煥然一新，準備好將這個廣闊的世界視為您的畫布，繼續描繪屬於您的生命故事。

Nicole Fung

策展人

Words from

Curator

Nicole Fung

Embark on a journey through life.

It is my honour to collaborate with The Oneness Gallery and Avidyā for the second time after the London exhibition.

In simple terms, this exhibition unfolds through the themes of “Dark”, “Light”, and “Childlike”. In our journey through life, we often navigate periods of darkness before enlightenment, emerging renewed like a phoenix into the light. Ultimately, we realize that authenticity, uniqueness, and the playful innocence of childhood are paramount.

I hope this exhibition gives you a bit of sparkle, inspiration, and reflection. As you step out of the gallery, may you feel rejuvenated, ready to view the world as a vast canvas on which to paint your own story.

Warm regards,

Nicole Fung

Art Curator

衷心鳴謝 A BIG THANK YOU

依字母順序 By alphabetical order

- Adnaan Hossen
- Alex Wheelhouse @ ArtReview
- Alexander Stavtsev
- Allan Storer
- Allen Fisher @ ArtReview
- Anna Lui @ Media OutReach Newswire
- Carsten Recksik @ ArtReview
- Cleo Friou
- Dalia Galminé
- Daniel Alfonzo Thomas
- Danny Chou @ Chaudigital HK Limited
- Faraz Ahmad
- George Wright
- Katherine Smira @ Aesthetica Magazine
- Lee Wai Kai
- Leung Yuet Kum @ Wen Wei Po
- Lily Corbett

- Marika Krapivnitski
- Marc Heather
- Megan Hobson @ Aesthetica Magazine
- Monika Kisieliute
- Natasha Williams
- Nigel McKinley @ Apollo Magazine
- Nicole @ Noran Design
- Ona OY TSE @ Hong Kong Visual Arts Centre
- Pablo Cassatella
- Raymond Lo @ Opus Framing Studio
- Shimmery Chan @ 3S Consultants
- Stephanie Law @ Z Marketing Limited
- Steve Vallis
- Susanna Chiu
- Tim Crowther
- Timothy Limbrick
- Viktor Vrab

當然，還有我們令人驚嘆的人像模特兒，以及這次展覽的所有幫手。
And of course, our amazing life models and all the helpers for this exhibition.

關於 About

Avidyā

Avidyā，誕生於這片大地，帶著獨特的視角來觀察這個世界。他是地球母親的純真孩子，卻透過藝術深入挖掘人類經驗的深層。

在梵文中，「Avidyā」象徵著無知——那層遮蔽我們真實本性的面紗。然而，對於 Avidyā 而言，這並非被動的黑暗。他以直覺、表現力及純真的精神，揭示出交織於生命結構中的痛苦。Avidyā 的藝術並非僅僅映照我們的痛苦，而是成為促成轉變的催化劑。

Avidyā 的旅程並不止步於黑暗。在痛苦的呢喃之間，他的創作始終瀰漫著愛與光明。這並非天真的樂觀，而是一種有意識的選擇，一種信仰——對於慈悲治癒力量的信念。Avidyā 的每件作品，猶如一份獻禮，透過藝術將溫暖與理解撒向世人。

Born on earth, Avidyā carries within a unique perspective. They are an innocent soul, a child of our Mother Earth, yet their art delves into the profound depths of human experience.

Avidyā, in Sanskrit, signifies ignorance – the veil that obscures our true nature. But for Avidyā, this is not a passive darkness. They use their intuition, expressive and innocent spirit to reveal the forms of suffering woven into the fabric of existence. Their art isn't just a mirror to our pain, it's a catalyst for transformation.

Avidyā's journey doesn't end in darkness. Alongside the whispers of suffering, their art vibrates with love and light. This isn't a naive optimism; it's a conscious choice, a belief in the power of compassion to heal. Avidyā's work becomes an offering, a channel for spreading warmth and understanding into the world.

在這裡，您將走進 Avidyā 創作的三個核心層次。
Here, you'll encounter three levels of Avidyā's artistry.

直視人性痛苦 Unveiling Suffering

Avidyā 的藝術邀請您正視人類經驗的原始真相。他從不迴避陰影，而是以深刻的同理心和理解力將其帶向光明。準備好直面痛苦，在這段共同的旅程中，您也將發現慰藉與力量。

Prepare to face the raw truth of human experience. Avidyā doesn't shy away from the shadows, but brings them to light with empathy and understanding. Be ready to confront pain, but also to find solace in the shared journey.

擁抱愛與光 Embracing Love and Light

儘管黑暗無處不在，Avidyā 的藝術提醒我們，它從來都不是唯一的故事。他們的作品充滿愛的能量，邀請您敞開心扉，感受愛的轉化力量。在他的創作中，總有瞬間的歡愉、連結與希望在等著被發現。

Though darkness may exist, Avidyā reminds us that it is not the only story. Their art pulsates with the energy of love, inviting you to open your heart to its transformative power. Find moments of joy, of connection, of hope woven into the tapestry of their creations.

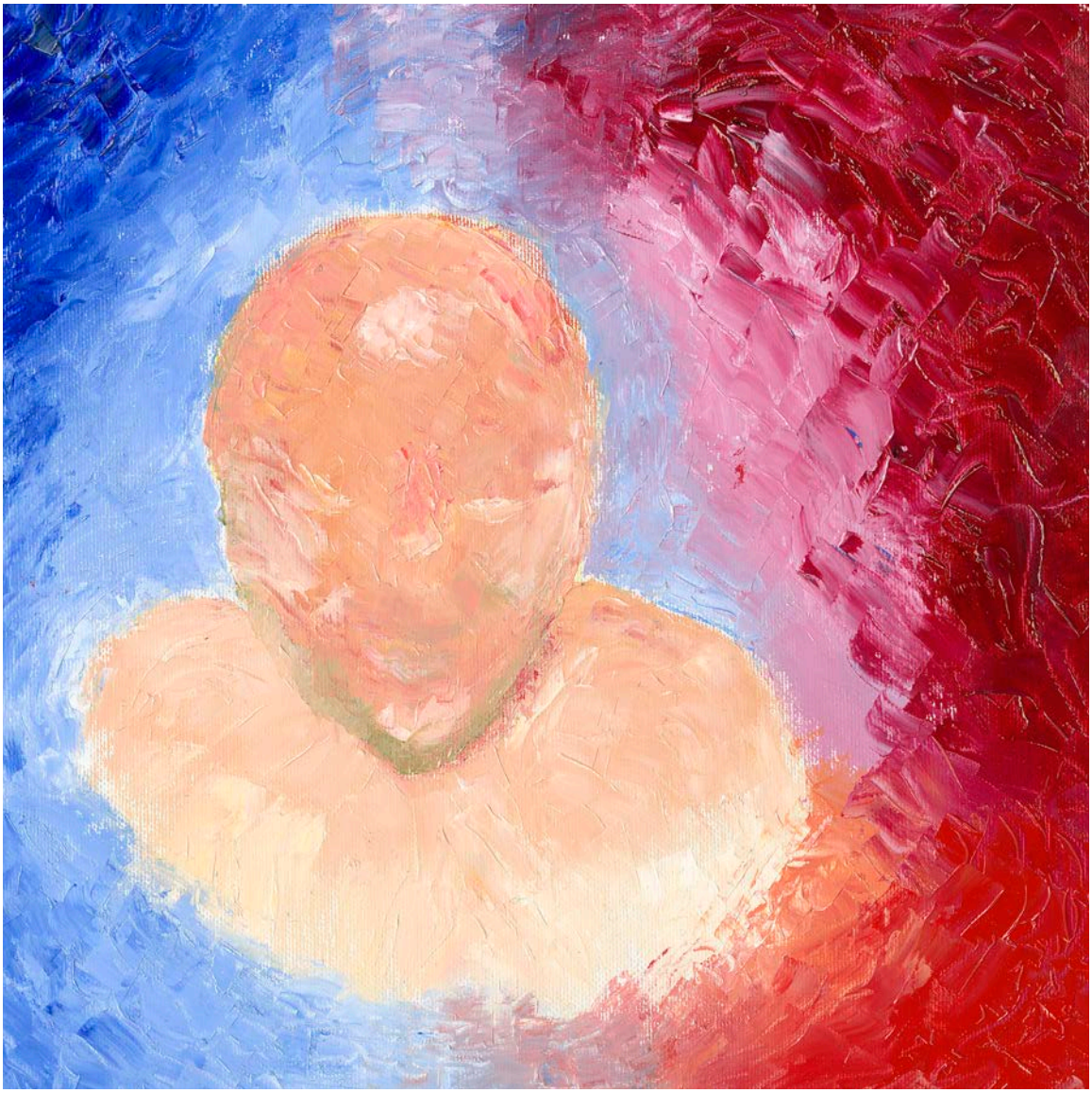
純真的魅力 Innocent Enchantment

不要輕視　Avidyā 的童真表達。他們俏皮的風格能夠消解您的疑慮，讓您在沒有心防的情況下接觸到最深刻的真理。讓內心那純真的孩童引領您進入 Avidyā 的藝術世界，重新發現深藏於每個人心中的魔力。

Don't be fooled by Avidyā's childlike wonder. Their playful approach disarms, allowing you to access profound truths without walls or barriers. Let your inner child guide you through their art, and rediscover the magic that exists within us all.

Avidyā 的藝術，如同一座連接苦難深淵與愛的山峰的橋樑。這是對我們的低語邀請，促使我們覺醒、療癒，並重新記起我們內心那道永不熄滅的光芒。透過　Avidyā 的雙眼，探索這個世界，並發現藝術所蘊藏的轉化力量。

Avidyā's art is a bridge between the depths of suffering and the heights of love. It's a whispered invitation to awaken, to heal, and to remember the light that shines within each of us. Let's explore the world through Avidyā's eyes, and discover the transformative power of art.



自欺欺人(愛意瀰漫在空氣中) Deception (Love is in the Air)
油畫顏料/畫布 Oil on Canvas
60 x 60cm

他深知她是他的真愛，是他最終的歸宿與結局。每當他想到她時，臉上總會浮現出隱藏的微笑，周圍瀰漫著愛的能量。然而，因為曾經的傷痛，他不敢坦承這一點。他不斷地否認、隱藏和逃避自己的情感，但他相信，終有一天他們會重聚。

He knows she's his true love, final home and endgame. That's why whenever he thinks of her, he has a hidden smile on his face and all the loving energy around him. However, he was hurt before that's why he dared not to admit it. He just keeps on denying, hiding and escaping from his emotions, but he knows at the end of the day they will be together someday.

迷戀 Obsession
油畫顏料/畫布 Oil on Canvas
80 x 60cm

他內心矛盾掙扎困惑。他對她的愛在心中綻放，但過去的傷痛卻將他囚禁。他對她著迷不已，日夜在腦海裡反覆幻想。然而，他依然被自己的恐懼所束縛，心中燃燒的情感真相永遠無法說出口。

He was caught in a storm of conflicting desires. Love for her bloomed in his heart, but the scars of past hurt held him captive. He obsessed over her, replaying fantasies in his mind day and night. Yet, he remained a prisoner of his own fear, the burning truth of his emotions forever unspoken.

夢魘 Nightmare (左方 Left)
油畫顏料/畫布 Oil on Canvas
80 x 60cm

她深深地愛著他。儘管他否認，她的直覺卻悄悄告訴她他心中的真實情感。然而，這種無法言喻的聯繫卻讓她感到疲憊。每晚，她都被一陣情感的洪流所淹沒 — 那是一種令她不能承受的負擔。

She loves him deeply. Despite his denials, her intuition whispers the truth of his feelings. But this unspoken connection is draining. Every night, she's overwhelmed by a torrent of emotions – a burden not her own.

遺棄 Abandoned (下方 Bottom)
柔和粉彩 / 畫紙 Soft Pastel on Paper
80 x 60cm

人像模特兒 Life Model | J.L.

每個人在生命的不同階段都會面臨創傷，並將焦點從外部的被遺棄轉向內心的自我接納，暗示真正的問題在於一個人如何對待自己，而不是世界如何對待他們。

Most people experience trauma at some point in their lives, whether in childhood, adulthood, or even senior years. The question isn't whether the world has abandoned you, but whether you've abandoned yourself.

遺棄 - 2 Abandoned - 2
油畫顏料/畫布 Oil on Canvas
80 x 60cm

人像模特兒 Life Model | J.L.

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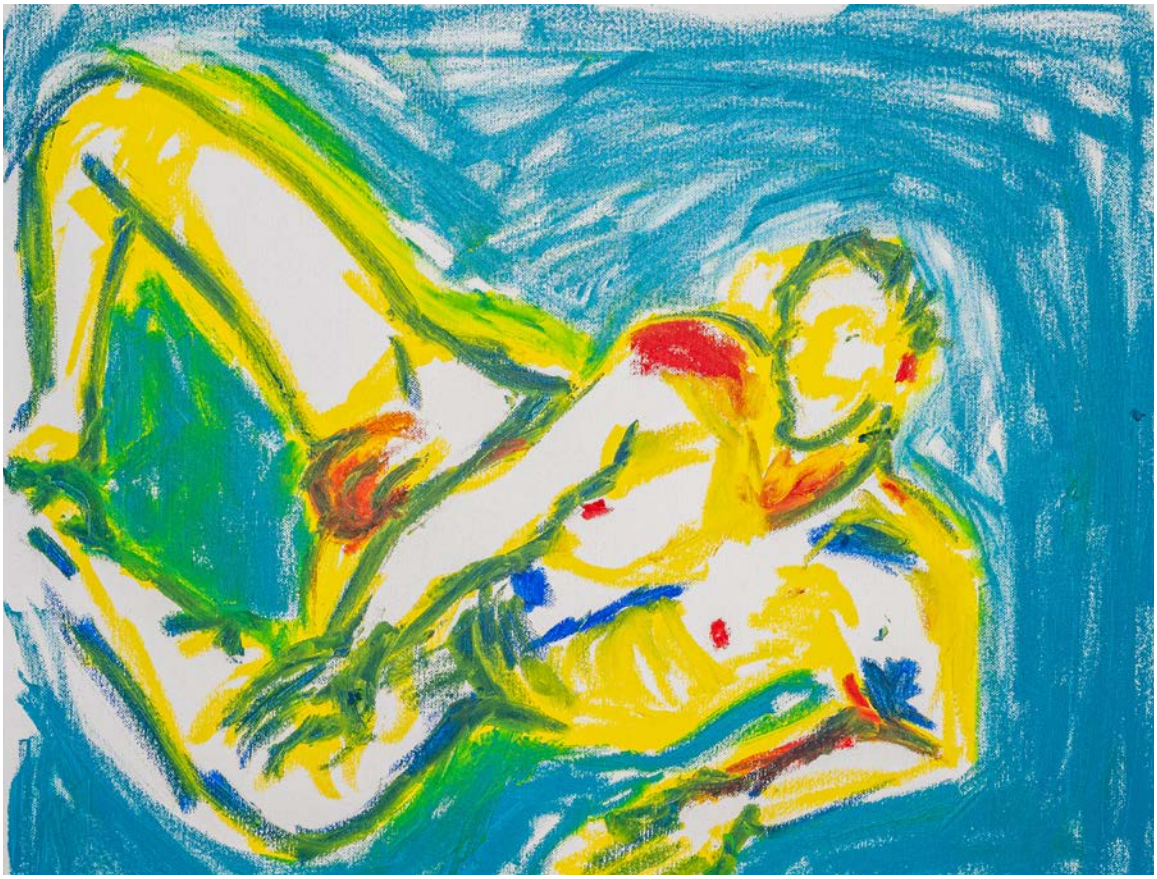


迷失中 At a Loss
油畫顏料/畫布 Oil on Canvas
80 x 60cm

人像模特兒 Life Model | I.V.

你曾否有過這樣的感受：在十字路口上，家庭責任、現實與夢想交織，讓你難以抉擇？

Do you ever feel like you're at a crossroads, juggling between family responsibility, reality, and your dreams?

沉默的折磨 Your Silence Is Killing Me (上方 Up)
油畫顏料/畫布 Oil on Canvas
80 x 60cm

人們在表達情感和真實感受時的猶豫與掙扎。許多人因為對他人表達情感的恐懼或不安而選擇沉默，這種沉默不僅使自己承受痛苦，也可能給所愛的人帶來重大影響和痛苦。它引發了對於沉默的思考，讓人反思在親密關係中，沉默是否是一種有效的溝通方式，以及它所帶來的情感折磨。

Many people are hesitant to share their emotions and true feelings with others. Unfortunately, this can cause significant pain for their loved ones. Have you ever experienced the silence of a loved one, or been the one to use silence as a form of communication?

絕望 Despair (右方 Right)
油畫顏料/水彩紙 Oil on Watercolour Paper
80 x 60cm

聽著史特拉文斯基的《春之祭》，藝術家創作了這件作品，以反映我們有時都會感受到的潛在絕望感。然而，藝術家也相信，只要我們有信念，總會有希望。

While listening to “The Rite of Spring” by Igor Stravinsky, the artist created this piece to reflect the underlying sense of despair that we all feel at times. However, the artist also believes that there is always hope, as long as we have faith.

混沌的思緒 Chaotic Mind (上方 Up)
炭筆/畫紙 Charcoal on Paper
80 x 60cm
人像模特兒 Life Model | U

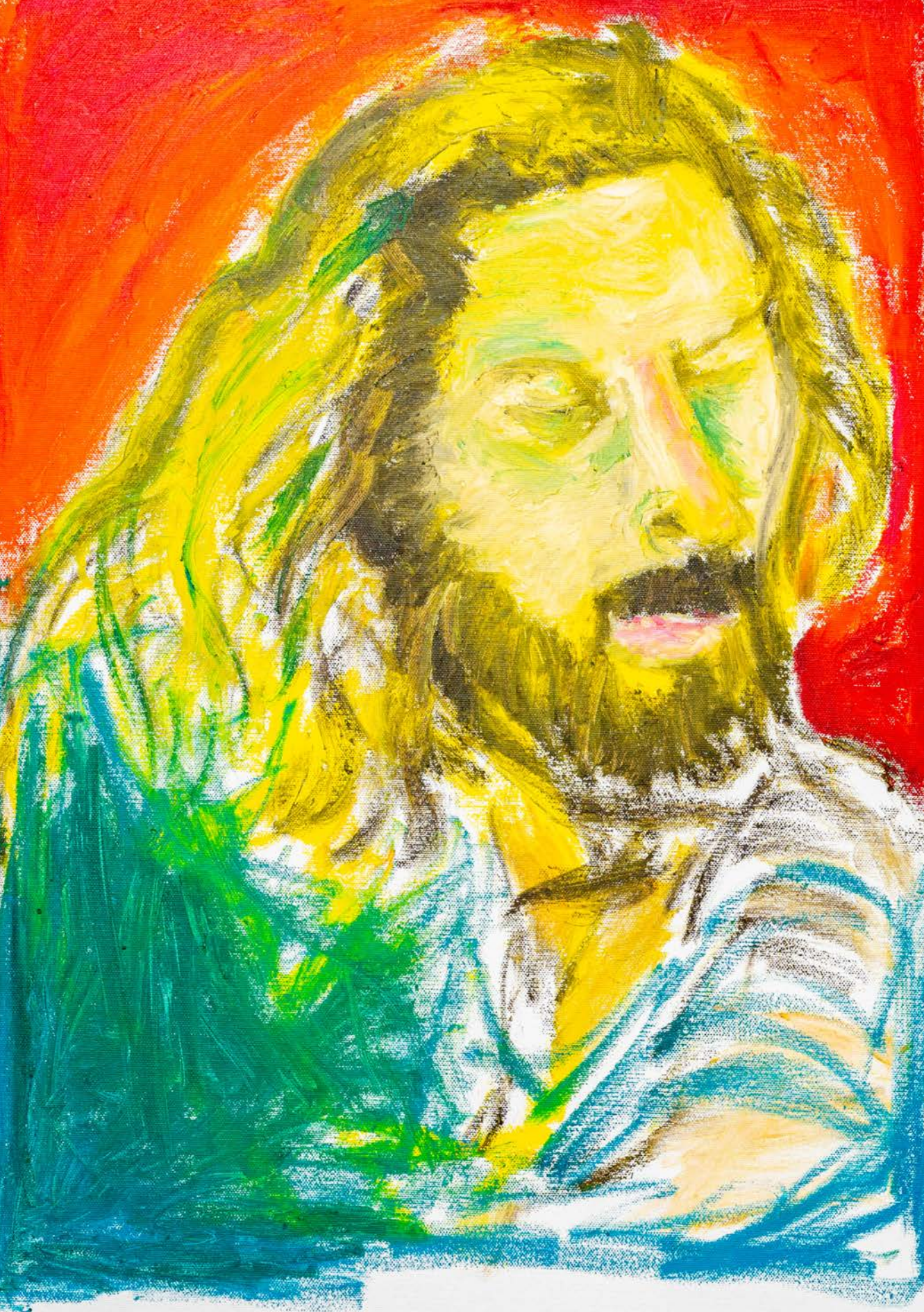
是否讓自己的思緒隨意發展，像一隻頑皮的猴子一樣，無所顧忌地在遊樂場裡製造混亂和劇場，導致不必要的麻煩或困惑。

Is this the chaos that defines you, or is your mind simply a playground for a mischievous monkey stirring up needless drama?

悲傷 - 遺忘的英雄 Sorrow - The Forgotten Hero (右方 Right)
油畫顏料/畫布 Oil on Canvas
80 x 60cm
人像模特兒 Life Model | D.W.

戰爭對環境的破壞，以及對所有無辜生靈的禍害，影響遠超我們的想像。然而，經歷過戰爭洗禮的退伍軍人往往是被忽視的一群。他們在戰後身心受創，卻仍需照顧家庭。這些退伍軍人在戰後所承受的心理和情感痛苦持續存在，但卻不易察覺，因此無法被評定為光榮退役。決定是否符合這一退伍條件的標準通常側重於身體傷害的程度或行為的好壞，可能忽視了心理或情感上的傷害。藝術家希望喚起公眾的意識，向所有退伍軍人致敬。

The harmful impacts of war are far beyond what we can imagine. From damaging the environment to the lives of all the innocent sentient beings. However, we forget that those armies are also human; they also have families, and their mental and psychological sufferings are long-term. Some harm is not noticeable and cannot be classified for honourable discharge. The artist wants to bring awareness to the public. Dedication to all the veterans.



燃燒中的熱情 Burning Passion
油畫顏料/畫布 Oil on Canvas
80 x 60cm

當激情燃燒我們的靈魂，我們便能在逆境中翱翔，心靈如同從灰燼中崛起的鳳凰。

When passion ignites our souls, we soar above adversity, our spirit a phoenix rising from the ashes.

天眼 The Eye of Universe
複合媒材/畫布 Mixed Media on Canvas
80 x 60cm

我們的行動、無形的低語、念頭都會傳遍及整個宇宙。Avidyā懇請我們對每一句話、每一個思想和行為保持覺察。真正的責任承擔源於我們的思想與行動的一致，為我們帶來誠信的人生。

Our actions, whispers unseen, ripple throughout the universe. Be mindful of every word, thought, and deed. The truest form of accountability lies within aligning our thoughts and actions for a life of integrity.

我對我的傷疤感到驕傲 Proud of My Scars (上方 Up)
複合媒材/畫布 Mixed Media on Canvas
80 x 60cm

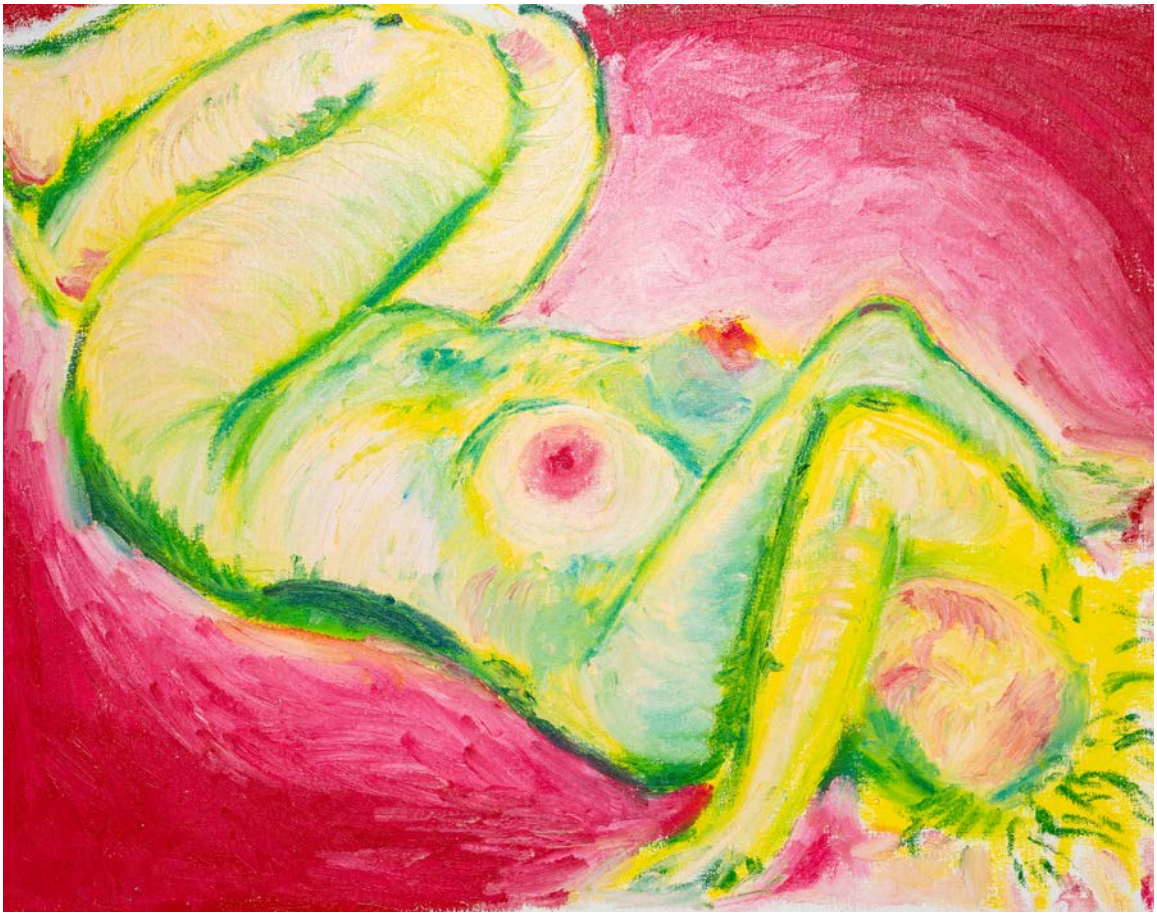
經歷過重重考驗戰鬥的人身上留下了最多的傷疤，象徵著他們所承受的痛苦和挑戰。過去的苦難經歷塑造我們今天的性格和模樣。若沒有這些傷痕，我們就無法成為現在的自己，因此不會選擇一種沒有戰鬥的生活來替代這些苦難經歷。

The most battle-tested warriors bear the most scars. The pain of the past shapes who we are today. We wouldn't be us without the scars, and we would never trade them for a life without the battles that forged us.

擁抱內心的黑暗 Embrace My Inner Demon (右方 Right)
複合媒材/畫布 Mixed Media on Canvas
80 x 60cm

當我們承認並面對內心的黑暗時，我們啟動了轉變的潛能。即使在黑暗中，也蘊藏著美的種子。

When we acknowledge and confront our inner demons, we unlock the potential for transformation. Even darkness holds the seeds of beauty.

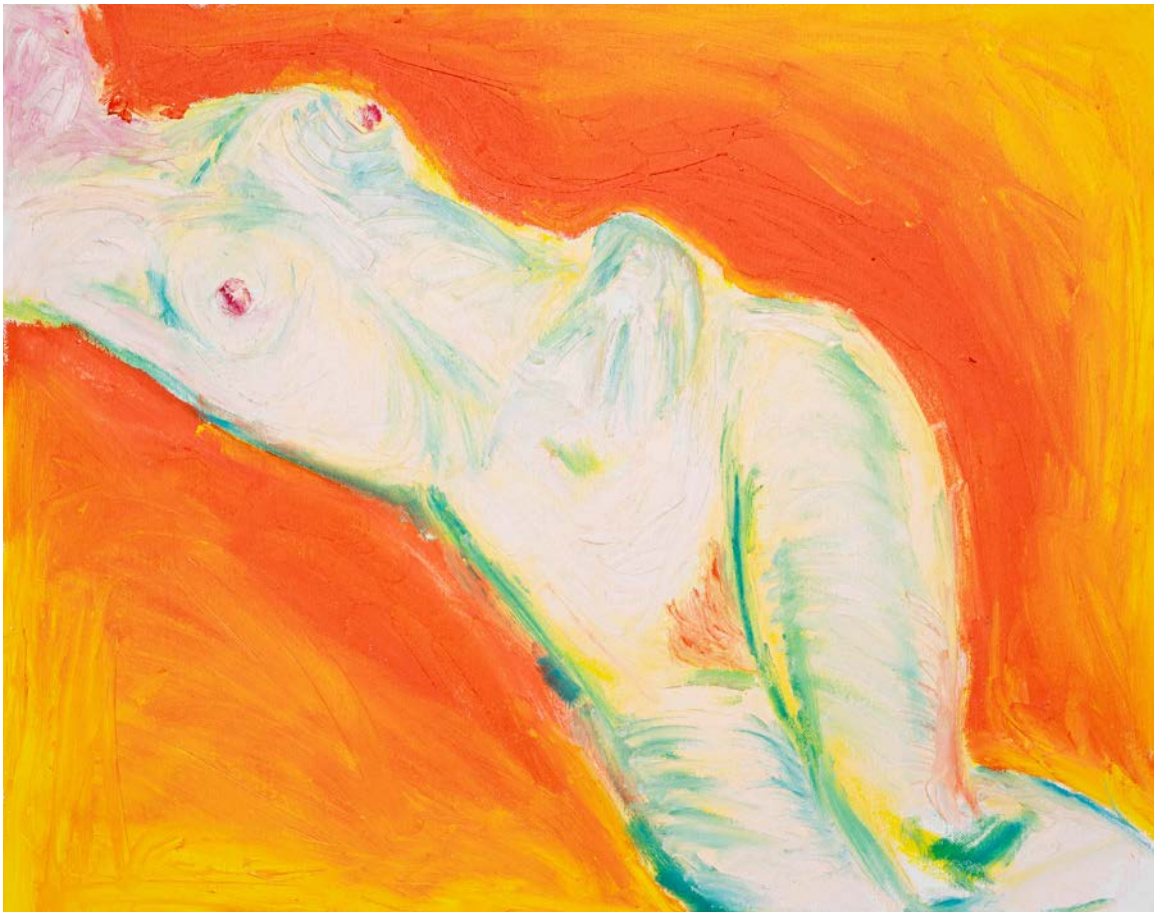


擁抱自己 Embrace Myself
油畫顏料/畫布 Oil on Canvas
80 x 60cm

人像模特兒 Life Model | J.L.

擁抱自我接納被視為生命中最重要的關係，是其他一切的基礎。自我接納是一段持續的人生旅程而非一個終點。個人的內在價值不應由他人來定義。唯有做回自己，才能獲得真正的愛與快樂。擁抱自己意味著欣賞自己的優點，並努力改善自己的缺點。每個人都有成長的空間，但這一切都必須從自我關懷和自我慈悲開始。

Embracing ourselves is the most important relationship we'll ever have. It's the foundation for everything else in life. Self-acceptance is a journey, not a destination. Our worth isn't defined by others. All of us are worthy of love and happiness just for being ourselves. Embracing ourselves includes celebrating our strengths and working on our weaknesses. We all have room to grow, but it starts with self-compassion.

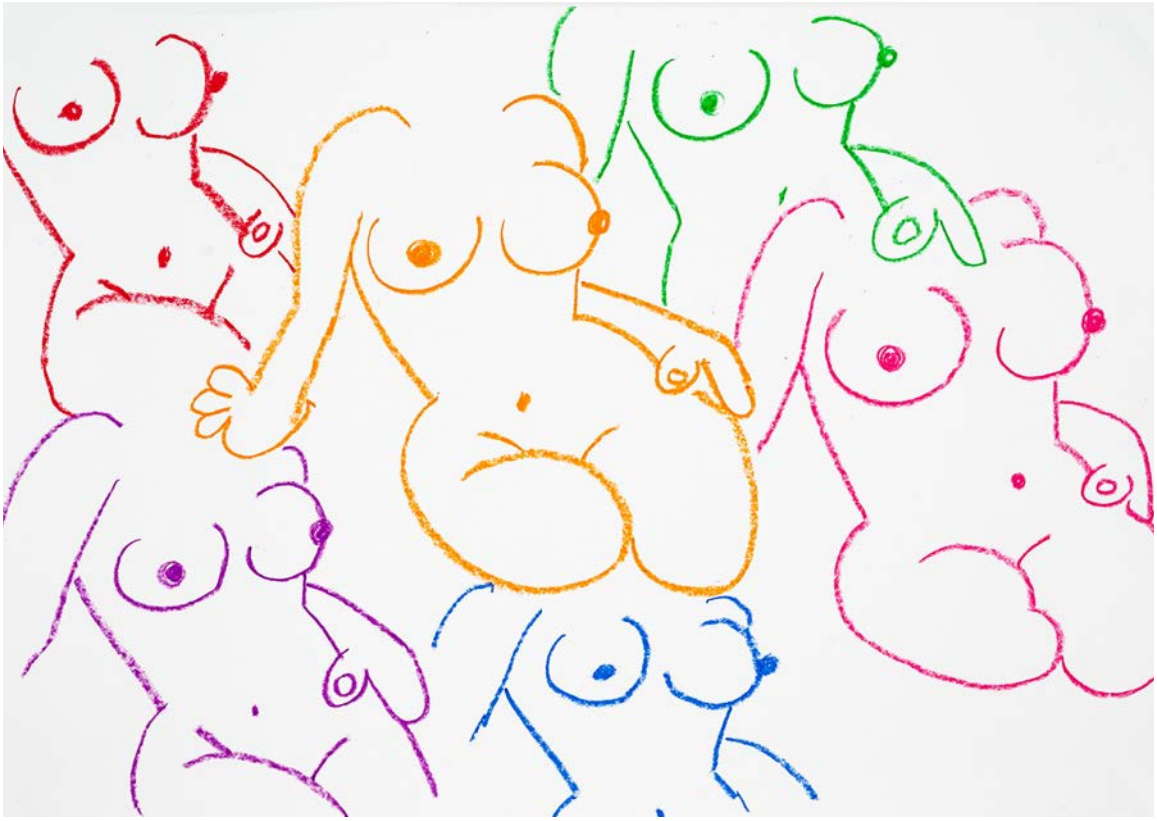


閃爍的光芒 Shine
油畫顏料/畫布 Oil on Canvas
80 x 60cm

人像模特兒 Life Model | E.B.

讓你內心的光芒為自己、為社區、為整個世界閃耀。

Let your inner light shine for yourself, your community, and the world.

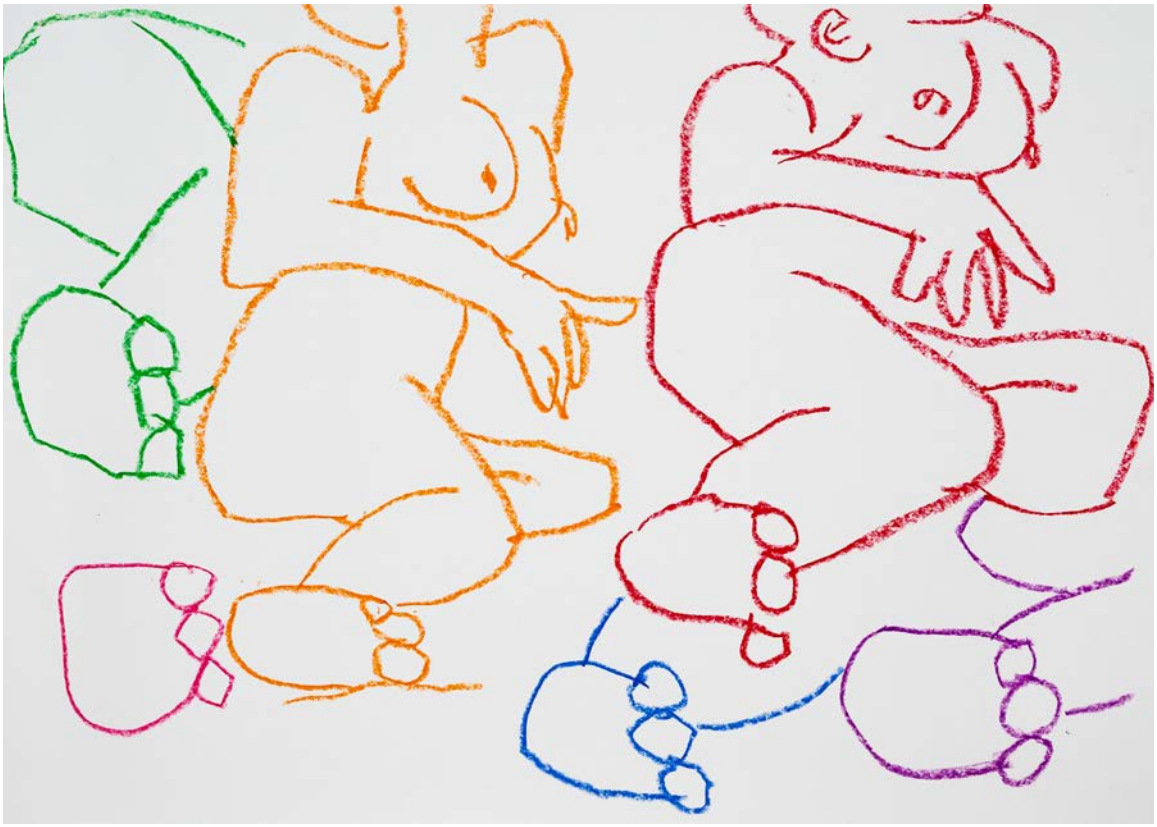


童趣 - 1 Fun - 1
蠟筆/畫紙 Crayon on Paper
80 x 60cm

人像模特兒 Life Model | T

純真視角的描述，對觀眾的一種呼喚，希望大家能夠以更純粹的眼光去看待世界，珍惜生活中的每一個美好瞬間。

Innocent eyes and a pure approach to seeing the world.



童趣 - 2 Fun - 2
蠟筆/畫紙 Crayon on Paper
80 x 60cm

人像模特兒 Life Model | T

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Innocent eyes and a pure approach to seeing the world.

真愛(雙作系列) Pure Love (Set of Two)
複合媒材/畫布 Mixed Media on Canvas
100 x 80cm

真愛旨在自然的互動方式輕鬆自如，無條件地給予而不期待回報或執著。它讓所愛之人自由綻放，無須被對方執著所纏繞。超然、無條件的愛與健康的相互依賴，可以編織出一幅由尊重、支持和共同成長構成的美麗掛毯。

Pure love aspires to be a free-flowing gift, freely given without expectation or clinging. It allows loved ones to bloom, untangled by demands. Detachment, unconditional love and healthy interdependence can create a beautiful tapestry woven from respect, support, and shared growth.

童話 Fairy Tale
複合媒材/畫布 Mixed Media on Canvas
100 x 80cm

人像模特兒 Life Models | S.R. & E.B.

他們的幸福生活從現在開始，但這是一段旅程，而非終點。只要他們培養尊重、共同成長、努力成為最好的自己、坦誠溝通，珍惜共度的時光，並擁抱彼此的個性，他們的愛將持續綻放。

Their happily ever after begins now, but it's a journey, not a destination. As long as they nurture respect, grow together, strive to be their best selves, communicate openly and honestly, cherish quality time, and embrace each other's individuality, their love will continue to blossom.

夏季 Summer
複合媒材/畫布 Mixed Media on Canvas
100 x 80cm

夏季充滿了生機勃勃的能量！花朵綻放出五彩斑斕的花瓣，曾經謙卑的毛毛蟲化身為翩翩起舞的蝴蝶。願我們都能擁抱這個季節的生活熱情！

Summer bursts with vibrant energy! Flowers unfurl their colorful petals, and butterflies, once humble caterpillars, flit through the air. May we all embrace this season's zest for life!

We are Nowhere.
We are Everywhere.
We are Oneness.

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